### Possibilities of Basic Stimulation

#### Individuality
- Main features
- Biography
- Individual rhythm of day
- Times of activity and rest
- Deal with unpleasant situations
- Personal hygienic articles
- Personal sheets, clothes

#### Organisation
- Papers for biography
- Documentation
- Daily schedule
- Teamcooperation

#### Integration of relatives
- In care
- In biography

#### Somatic stimulation
- Touch
- Initial touch
- Whole-body-touch
- Whole body wash
- Body experiences
- Bedding
- Moving
- Breathing stimulating embrocation

#### Vestibular stimulation
- Establish dialogue
- Before and during moving
- Kornährenfeldübung

#### Vibratory stimulation
- Mobilisation
- Train excretion
- For perception

#### Oral stimulation
- Experience mouth
- Eating and drinking
- Mouth cleaning

#### Auditiv stimulation
- Reducing noise
- Listen to music
- Make music
- Singing and humming

#### Visual stimulation
- Forming environment
- Use Pictures / objects
- clothes / makeup

#### Tactil-haptic stimulation
- Guided movements
- Body experiences
- Activities

#### Terms of the concept
- Terms of a basic Seminar
- Terms of an advanced seminar